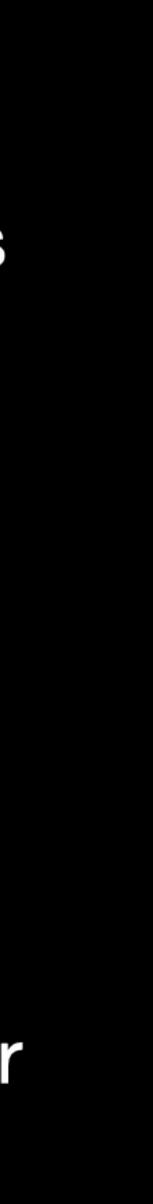
Belong Believe Become Build

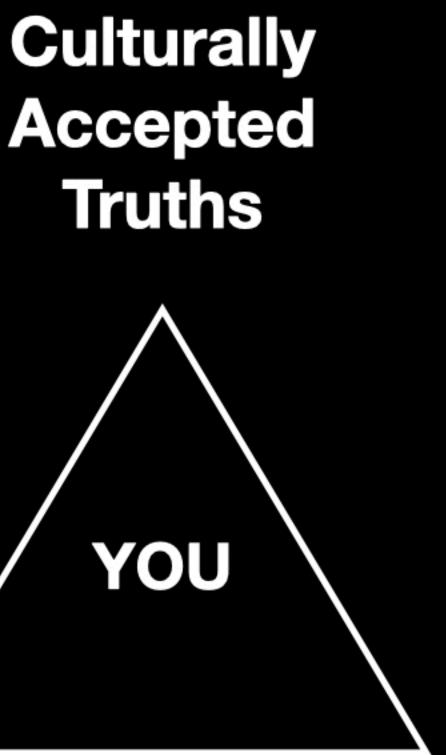
"Thus the daring goal of the Christian life could be summarized as our being formed, conformed, and transformed into the image of Jesus Christ. And the wonder in all this is that Jesus Christ has come among his people as our everliving Savior, Teacher, Lord, and Friend. He who is the Way shows us the way to live so that we increasingly come to share his love, hope, feelings, and habits. He agrees to be yoked to us, as we are yoked to him, and to train us in how to live our lives as he would live them if he were in our place."

- Richard Foster



## **Cultural Formation**

#### Culturally Informed Practices



Culturally Conformed Community

## **Christian Formation**

#### Practices We Cultivate (Spiritual Disciplines)



Community We Belong To (Church)

# **Spiritual Disciplines**

Inward disciplines: Meditation, Prayer, Silence, Fasting, Study Outward disciplines: Simplicity, Solitude, Hospitality, Service

- Corporate disciplines: Worship, Confession, Guidance, Communion, Sabbath